C. CHAMP ISO-CO COLUMN DENSITY MOMENTS

We provide here a standard set of moment maps for the mass surface density Σ ($\propto N_{^{12}CO}$ by Eq. 7) in each Region. Each map in a given Region is overlaid by the same set of contours in Σ , spaced by 10%–20% of the peak for that Region (see scale bar for values). From top to bottom on the left hand side are the integrated Σ , the Σ -weighted mean V_{LSR} , and velocity dispersion σ_V . On the right hand side we show the Σ and velocity error maps. The ellipses are the same as in Appendix A.



Figure C1. BYF1. At an assumed distance of 3.2 kpc, the scale is $0^{\circ}1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C2. BYF 2 & 3 (Region 1a). At an assumed distance of 3.2 kpc, the scale is $0^{\circ}1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C3. BYF 4–9 (Region 1b). At an assumed distance of 3.2 kpc, the scale is $0^{\circ}1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C4. BYF 11. At an assumed distance of 3.2 kpc, the scale is 0° :1 = 5.6 pc. The Mopra HPBW is shown in the TL corner.



Figure C5. BYF 10, 13, 14 (Region 2a-North). At an assumed distance of 3.2 kpc, the scale is 0° .1 = 5.6 pc. The Mopra HPBW is shown in the TL corner.



Figure C6. BYF 12 (Region 2a-North). At an assumed distance of 3.2 kpc, the scale is $0^{\circ} \cdot 1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C7. BYF 16 (Region 2a-South). At an assumed distance of 3.2 kpc, the scale is 0° .1 = 5.6 pc. The Mopra HPBW is shown in the TL corner.



Figure C8. BYF 15, 17–22, & 25–26 (Region 2b+3). At an assumed distance of 3.2 kpc, the scale is $0^{\circ}.1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C9. BYF 23 (Region 2c-North). At an assumed distance of 3.2 kpc, the scale is $0^{\circ}1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the BL corner.



Figure C10. BYF 24 (Region 2c-South). At an assumed distance of 3.2 kpc, the scale is 0° : 1 = 5.6 pc. The Mopra HPBW is shown in the BL corner.



Figure C11. BYF 27 (Region 2c-South). At an assumed distance of 3.2 kpc, the scale is 0° : 1 = 5.6 pc. The Mopra HPBW is shown in the BL corner.



Figure C12. BYF 32 & 36 (Region 5). At an assumed distance of 3.2 kpc, the scale is $0^{\circ}1 = 5.6 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C13. BYF 37 (Region 5-East). At an assumed distance of 3.2 kpc, the scale is 0° .1 = 5.6 pc. The Mopra HPBW is shown in the TL corner.



Figure C14. BYF 38. At an assumed distance of 2.0 kpc, the scale is $0^{\circ}1 = 3.5 \text{ pc}$. The Mopra HPBW is shown in the BL corner.



Figure C15. BYF 40–42 (Region 6). At an assumed distance of 6.6 kpc, the scale is 0° .1 = 11.5 pc. The Mopra HPBW is shown in the TL corner.



Figure C16. BYF 47 (Region 7). At an assumed distance of 5.3 kpc, the scale is $0^{\circ}1 = 9.3 \text{ pc}$. The Mopra HPBW is shown in the BL corner.



Figure C17. BYF 50 (Region 8-West). At an assumed distance of 5.3 kpc, the scale is $0^{\circ}.1 = 9.3 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C18. BYF 51–56 (Region 8-East). At an assumed distance of 5.3 kpc, the scale is $0^{\circ}1 = 9.3 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C19. BYF 57-West. At an assumed distance of 5.3 kpc, the scale is $0^{\circ}1 = 9.3 \text{ pc}$. The Mopra HPBW is shown in the BR corner.



Figure C20. BYF 57-East. At an assumed distance of 5.3 kpc, the scale is $0^{\circ}1 = 9.3 \text{ pc}$. The Mopra HPBW is shown in the BR corner.



Figure C21. BYF 63–80 (Region 9). At an assumed distance of 2.5 kpc, the scale is $0^{\circ}1 = 4.4 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C22. BYF 83–104 (Region 10). At an assumed distance of 2.5 kpc, the scale is 0° .1 = 4.4 pc. The Mopra HPBW is shown in the TL corner.

Galactic Longitude

Galactic Longitude



Figure C23. BYF 105–118 (Region 11). At an assumed distance of 2.5 kpc, the scale is $0^{\circ}1 = 4.4 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C24. BYF 123. At an assumed distance of 6.8 kpc, the scale is 0°.1 = 11.9 pc. The Mopra HPBW is shown in the BL corner.



Figure C25. BYF 127 (Region 12-West). At an assumed distance of 1.1 kpc, the scale is 0° : 1 = 1.9 pc. The Mopra HPBW is shown in the TR corner.



Figure C26. BYF 130 (Region 12-East). At an assumed distance of 2.4 kpc, the scale is 0° :1 = 4.2 pc. The Mopra HPBW is shown in the TR corner.



Figure C27. BYF 126 & 128 (Region 13a). At an assumed distance of 2.4 kpc, the scale is $0^{\circ}1 = 4.2$ pc. The Mopra HPBW is shown in the BL corner.



Figure C28. BYF 129 (Region 13b). At an assumed distance of 1.2 kpc, the scale is $0^{\circ}1 = 2.1 \text{ pc}$. The Mopra HPBW is shown in the TL corner.



Figure C29. BYF 131 & 132 (Region 13c). At an assumed distance of 6.0 kpc, the scale is 0° .1 = 10.5 pc. The Mopra HPBW is shown in the TL corner.



Figure C30. BYF 134 (Region 15). At an assumed distance of 2.4 kpc, the scale is 0° .1 = 4.2 pc. The Mopra HPBW is shown in the TR corner.



Figure C31. BYF 141–144 (Region 16). At an assumed distance of 2.4 kpc, the scale is $0^{\circ}1 = 4.2$ pc. The Mopra HPBW is shown in the TR corner.



Figure C32. BYF 149 & 150 (Region 18). At an assumed distance of 2.4 kpc, the scale is 0° .1 = 4.2 pc. The Mopra HPBW is shown in the TL corner.



Figure C33. BYF 161–167 (Region 21). At an assumed distance of 2.4 kpc, the scale is $0^{\circ}1 = 4.2$ pc. The Mopra HPBW is shown in the TR corner.



Figure C34. BYF 183–190 (Region 23). At an assumed distance of 4.7 kpc, the scale is 0° : 1 = 8.2 pc. The Mopra HPBW is shown in the TL corner.



Figure C35. BYF 99 (Region 26a). At an assumed distance of 4.7 kpc, the scale is $0^{\circ}1 = 8.2 \text{ pc}$. The Mopra HPBW is shown in the BR corner.



Figure C36. BYF 201–208 (Region 26b). At an assumed distance of 4.7 kpc, the scale is $0^{\circ}1 = 8.2$ pc. The Mopra HPBW is shown in the TL corner.